

US Sleep Diagnostics is a provider of portable sleep studies usually done in the comfort of the patients home, and is compliant with standards of practice for the American Academy of Sleep Medicine.

QUICK OVERVIEW

- Once we have scheduled for the delivery of the Alice PDx home sleep study device, the device will arrive either through a direct representative of US Sleep Diagnostics, or through USPS, UPS or Fed Ex.
 - Included:**
 - Device and Device Components (*Nasal Canula, 2 Blue Belts, finger clip-on SP02 Sensor*)
 - Paperwork (*Authorization Forms, Questionnaire, HIPPA Consent form*)
 - Instructional DVD
 - Device Illustration
 - Written Instructions
- *We will attempt to follow up after we receive delivery confirmation*
- (Patient) will do study for 2 nights
- Device is picked up by representative or will be delivered back to us with a pre-paid shipper
- Once we receive the device, we will upload, score and prep your (patient) sleep record for our "Sleep Physician" who is Board Certified in Sleep to do a professional interpretation.
- Once interpretation has been done we will fax or make available through our secure report web portal site both the diagnostic report and interpretation and fax a copy of the results to your physicians office.
- Depending on the results from the two-night study, your physician will coordinate a follow up or treatment solution best suited for you.

PREPARING FOR YOUR TEST

We recommend you should try to limit caffeine and alcohol intake 24 hours before the test and try not to take a nap the day of the test. Otherwise go to bed at your normal bedtime and get a good night sleep.